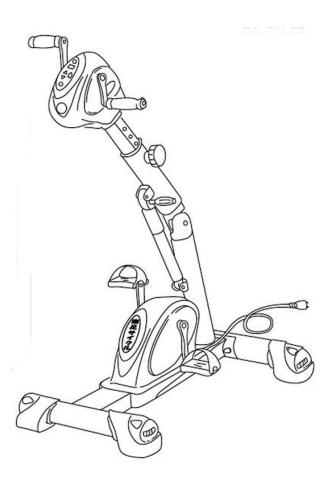
Instruction Manual

CE-168 Auto-exercise Bike



CAUTION

- If irregular heartbeat occurs during usage, stop immediately and contact your physician.
- Be extra careful of long hair and wool cloth for it might get caught in the machine.
- If the machine becomes damaged in anyway both appearance and mechanical do not use the machine. Unplug the machine and contact the store of purchase.
- During usage if strange odor occurs, or the machine begins to smoke or over heats, please unplug the machine.
- Please make sure that the wheel chair or chair that you are sitting on is properly secure before usage.
- Please do not use the machine barefooted. Wear proper shoes when using the machine.
- This machine is intended for one individual to use at one time.
 Do not attempt to use the machine with more two or more people.
- If the electrical is damaged in any way please do not use the machine in case it will cause an electrical fire.
- If there is water or water vapors in the electrical cord, please do not use the machine.
- Please do not use the machine immediately after a meal it might cause the user to become uncomfortable.
- Do not use the machine in high temperature or in a sauna, it might cause damage to the machine.
- Please do not use a foreign object to strike the machine or drop the machine it will cause damage to the machine.
- Make sure to unplug the machine after usage.
- Please do not attempt to repair or alter the machine in any for it might cause the machine to malfunction.
- When usage please remember to set the timer, speed and settings. Do not over use the product for you m ight become uncomfortable.

PRODUCT CARE

- Do not store the product in high temperature or heavy moisture.
- Always unplug the electrical cord.
- If the machine is dirty, please a basic cleaning solution to clean the machine. Do not use an acidic cleaning solution.
- Do not place heavy objects on the machine it might cause the machine to become deformed and cause malfunctions.
- Do not take apart the machine or try to modify it in any way.
- Over time if any damage occurs to the machine or the electrical wires, please take the machine to the store where it is purchased.

ADVANTAGS

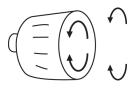
- I. Can help with the lack of exercise
- II. Train you wrist, leg and arm muscles.
- III. Helps strengthen you heart and lungs.
- IV. Helps with blood circulation
- V. Slows down the aging process.

SPECIFICATIONS

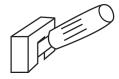
- Material: Steel and ABS
- Grip and pedal: Polyurethane
- Dimension: approx. 70 × 58 × 81-101 (high)cm
- Power: 220V/50W
- Timer: 1-30 minutes
- Rotation frequency: approx. 18 to 80 per minute
- Wire length: approx. 2.5 m
- Weight: approx. 15 kg
- Automatic Stop Protection System
- Close timer feature

OPERATING THE MACHINE

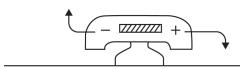
- When using the product, please make use that the machine does not slide and is properly secured. It is suggested that the machine be use on an even ground.
- Make sure that wheel chair or chair is properly secure in place.
 Make sure that it does not move or slide around for it might cause accidents.
- If the place where you are using the machine is not on an even ground, please adjust the machine so that it is secure and safe to use.
- The headrest can be adjusted to fit to a user's specific needs.
- To adjust the machine to a user's needs, use the nut to extend or contract the machine.



To adjust the level of the arm panel / handle



To adjust the angle of the arm panel / handle



To adjust the bottom of the machine

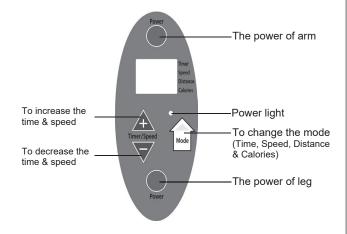
HOW TO OPERATE THE AUTO-EXERCISE BIKE

- Please inset the power plug into the socket (panel will display the red light)
- Please power on the handle and pedal button (panel will display the time)
- A hand grip, double foot on the pedal board
- Please use the up and down button to set the time (from 1 to 30 minutes)
- Switch display speed button (the speed light will show up)
- Please use the up and down button to adjust the speed you want (from 1 to 15 grades)

Caution: The user must put their both feet on the pedal when set up the speed and the speed must to match the user's situation. Excessive speed may cause harm.

- --- The distance and calories will be showed on the panel.
- --- The distance is from 1-10 km
- --- When the setting time is up, the machine will automatically turn off. All the data will turn to zero.
- --- Turn off the machine before leaving.
- --- Time, distance and calories are for reference.

 The actual data will be a little bit different.



MANUFACTURER INFORMATION

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WARRANTY INFORMATION

Product Name	Auto-exercise Bike
Item Number	CE-168
Distributor Information	
Purchase Date	
Warranty Period	From to
Customer Information	